

Class 3

‘7 Good Deeds done by The Tongue’

In the previous Class we read about Obligations on the Tongue (click to read) today we will enlist 7 Good deeds that we can do with our tongues.

1.DHIKR – Remembrance of Allah

اذكروا الله ذكرا كثيرا

Remember Allah with much remembrance. (Al-Ahzaab:41)

Allah also said,

“Remember Allah standing, sitting down, and (lying down) on your sides.” (An-Nisaa:103)

“And glorify His Praises morning and afternoon [the early morning (Fajr) and ‘Asr prayers]. (Al-Ahzaab:42)

Every moment that a person does not spend in the dhikr (remembrance) of Allaah will not be of any benefit to him. Rather, the harm entailed in being neglectful of the dhikr of Allaah is far greater than any benefits that can be gained.

And the Prophet ﷺ said: *“There is no time in which the son of Adam does not remember Allaah in it, except that it will be a source of regret for him on the Day of Judgement”* [Al-Bayhaqee; classed as Hasan by Shaykh al-Albaanee].

Mu’aadh ibn jabal radiallaahu ‘anhu relates that the Prophet ﷺ said: *“The people of Paradise will not have any regrets except for those moments in which they were not engaged in the dhikr (remembrance) of Allaah.”* [Saheeh: Related by Ibnus-Sunnee in ‘Aml al-Yawma wal-Laylah (no.3). Refer to Saheehul-Jaami’ (no.5446)].

Remembrance of Allah is the secret to contentment. When your tongue is busy with Dhikr, your heart becomes steady, your mind becomes calm, and your soul becomes enriched. Allah says, *“Verily in the remembrance of Allah do hearts find rest”.* (13:28)

Even if you're physically tired, your tongue can still earn reward through dhikr.

The Prophet ﷺ said, *“Keep your tongue moist with the remembrance of Allah.”* The Salaf would remember Allah during every moment—walking, working, waiting. With dhikr, your day becomes filled with purpose and your life filled with barakah.

Positive Impacts on Daily Life

- Dhikr brings joy, happiness and relaxation in the heart of a person.
- Protects from Shaytaan.

- When a person remembers Allaah, Allaah remembers him, and hence things are blessed and many of them become easy for us.
- It makes the heart calm and tranquil.
- Reduces anxiety.
- Strengthens relationship with Allah
- Guards against sin and shayṭān
- Brings clarity and mindfulness
- Makes everyday moments meaningful

It prevents one from committing sins, wipes away sins and saves a person from Allaah’s punishment. The Prophet ﷺ said, *“The son of Adam never performs an act that brings grants him safety from Allaah’s punishment more than the remembrance of Allaah [The Exalted].”* [Saheeh Al-Jaami. Number 5633]

2. THE QUR’AN - The Best Dhikr

The Qur’an is the Word of Allah; a guidance for humankind, a book that gives glad tidings to those who believe and warnings against disbelief; reminders for the heart and the mind.

The best form of Dhikr (Remembrance of Allah) is reciting the Qur’an, because it is the words of Allaah. Allah (Exalted be He) orders us to recite it, contemplate it, and act according to it.

Whoever would like to be among those who remember Allah, should be among those who recite the Book of Allah as it should be recited, never neglecting the Qur’an; he should not recite it only in the month of Ramadan.

The Messenger of Allah ﷺ said: *“Whoever recites a harf of the Book of Allah will have one hasanah for it, and each hasanah brings a tenfold reward. I do not say that Alif-Laam-Meem is a harf; rather alif is a harf, laam is a harf and meem is a harf.”* (At-Tirmidhi, classed as saheeh by Sheikh al-Albaani)

Approximately 321,180 letters x10 rewards = 3,211,800 (or more, as Allah wills)

PEOPLE OF ALLAH

Ibn Maajah (215) and Ahmad (11870) narrated that Anas ibn Maalik (may Allah be pleased with him) said: The Messenger of Allah ﷺ said: *“Verily Allah has His own people among mankind.”* They said: O Messenger of Allah, who are they? He ﷺ said: *“They are the people of the Qur’an, Allah’s own people and those who are closest to Him.”* Classed as saheeh by al-Albaani in Saheeh Ibn Maajah.

Al-Minnaawi (may Allah have mercy on him) said: *“That is, those who memorise the Qur’an and act in accordance with it are the people of Allah, who are as close to Allah as a person’s family is to him. They are called thus by way of honouring them, just as (the Ka’bah) is called the House of Allah”.*

It is not sufficient for a person just to recite Qur'an in order to be one of the people of the Qur'an, unless he also acts in accordance with it, adheres to its limits and follows its teachings.

The one who wants to be included in the words of the Prophet ﷺ about the people of the Qur'an being Allah's own people and those who are closest to Him should not complete the Qur'an in more than a month.

Al-Bukhaari (1978) narrated from 'Abdullah ibn 'Amr (may Allah be pleased with him) that the Prophet ﷺ said: *"Read the Qur'an (once) every month...."* No day should pass without us looking in our Mus-haf and reciting the words of our Lord.

Virtues of Reciting the Quran

There are many virtues and rewards but we enlist some here that are concerning reciting the Quran, as we are studying the subject of deeds of the tongue.

The Prophet ﷺ said,

"Read the Qur'an, for it will come as an intercessor for its reciters on the Day of Resurrection."
[Muslim].

"The one who is proficient in the recitation of the Qur'an will be with the honourable and obedient scribes (angels) and he who recites the Qur'an and finds it difficult to recite, doing his best to recite it in the best way possible, will have a double reward." [Al-Bukhari and Muslim].

"The believer who recites the Qur'an is like a citron whose fragrance is sweet and whose taste is delicious. A believer who does not recite the Qur'an is like a date-fruit which has no fragrance but has a sweet taste. The hypocrite who recites the Qur'an is like a colocynth whose fragrance is so sweet, but its taste is bitter. The hypocrite who does not recite the Qur'an is like basil which has no fragrance and its taste is bitter." [Al-Bukhari and Muslim].

"Envy is justified in regard to two types of persons only: a man whom Allah has given knowledge of the Qur'an, and so he recites it during the night and during the day; and a man whom Allah has given wealth and so he spends from it during the night and during the day." [Al-Bukhari and Muslim].

"Recite the two bright ones, Soorah al-Baqarah and Soorah Aal-e Imraan, for on the day of Resurrection they will come as two clouds, or two shades or two flocks of birds in ranks, pleading for those who recite them" [Sahih Muslim]

Also, Al Baraa reported that a man was reciting Sooratul-Kahf and there was a horse tied with two ropes at his side, when a cloud overshadowed him. As it began to come nearer and nearer his horse began to take fright from it. He went and mentioned that to the Prophet ﷺ in the morning, who said: *"It was tranquility [as-Sakeenah] which came down at the recitation of the Qur'aan."* (Sahih Bukhari)

3. DUA

The Prophet ﷺ recited the verse, *“Your Lord says: Call upon Me and I will respond to you. Verily, those who disdain My worship will enter Hell in humiliation.”* (40:60) (Source: Sunan At-Tirmidhi 3247)

In this verse, Allah has equated dua with worship, for He commanded His servants to make dua to Him, and then stated that whoever is too arrogant to worship Him will enter the Fire of Hell So from this it is understood that the worship referred to in this verse actually means dua.

Make Dua – He Loves being asked

Allah has named Himself Al-Mujeeb, which means the One who responds. Throughout the Quran, Our Lord encourages the believers to call on Him, He asks us to lay our dreams, hopes, fears, and uncertainties before Him and to be sure that He hears every word. Islam encourages us to make a lot of du'aa', and not to be hasty in seeking a response. That is because du'aa' is a great act of worship that is to be done by our tongue and it is beloved to Allah.

- Make Dua to be saved from the Hell fire
- Ask for Jannah
- Make Dua for your Deen & Duniya
- Ask for a good end
- Make dua for your family and children.
- Make Dua for your brother, The Prophet ﷺ said: *“A Muslim’s supplication for his brother in secret is answered. At his head an angel is appointed, and whenever he supplicates for his brother with something good, the angel appointed to him says: ‘Amîn, and likewise for you.’”* (Sahih Muslim)
- Make Dua for the Ummah, that’s the least we can do for each other.
- Connect with your Lord; Make Dua!

Please join our free online certificate course “DUAA”, to learn more about all the Sunnahs of Dua, the times they are more accepted, the reasons why they are rejected and more. <https://learn-islam.org/dua> (available online now, register and learn).

Note these are not part of the ongoing course, it is an independent course that can be done at your own pace and at your own convenience.

4. DAWAH

Da’wah (calling to Islam) is one of the best acts of worship for those who seek closeness to Allaah The Almighty. Therefore, Allah selected for this task His Prophets and Messengers, and He made their followers their inheritors. Allaah The Almighty Says what means: *{And who is better in speech than one who invites to Allaah and does righteousness and says, “Indeed, I am of the Muslims.”}* [Quran 41:33] Indeed the Prophet ﷺ was reported to have mentioned that *scholars are the inheritors of the prophets.* [At-Tirmithi and others. Al-Albaani: Saheeh]

Islamically it involves:

- Calling people to Allah Azza wa Jall
- Making people better worshippers of Allah Azza wa Jall
- Encouraging others to become better in practice and understanding of Allah's religion.

Benefits of Dawah

- It is a form of ongoing charity
- It brings benefit, not only to the one you're calling, but to yourself
- We are raised above other nations by virtue of da'wah

5. RECONCILING BETWEEN PEOPLE

Perfect example of using the tongue for the good. The Messenger of Allâh ﷺ said: *"Shall I not tell you something that is better than the status of (voluntary) fasting, prayer and charity?"* The people said: "Yes." He said: *"Reconciling in a case of discord..."* (Abu Dawood & at-Tirmidhi, classed as hasan by Albani)

Many people get into conflicts with one another, and few people are willing to intervene and reconcile the opposing parties – sometimes due to their own friendship loyalties, or out of a twisted enjoyment of watching people fight. However, to reconcile between Muslims who are in a state of discord with one another is a good deed that can be even more superior to voluntary prayer and fasting.

6. GIVING SINCERE ADVICE

Another simple yet profound act of the tongue. The giving of sincere advice enjoys a sublime and exalted position in Islam, and how could this not be so? The Prophet ﷺ said: *"Religion is giving sincere advice."*

A person would give sincere advice to others when he loves and sympathizes with them, when he wishes goodness for them, and when he wishes to thwart evil and harm from them. Thus, it is said that giving sincere advice is an indication of the advisor's wish to bring about goodness for the one advised.

The Companions (may Allah be pleased with them all) gave an oath of allegiance to the Prophet ﷺ that they would sincerely advise the Muslims: Jareer ibn 'Abdullah R.A. said, "I gave the oath of allegiance to the Prophet ﷺ that I would perform prayers, pay the Zakah, and give sincere advice to every Muslim."

It is one of the Rights of a Muslim over another

Providing a sincere counsel to fellow Muslim brothers and sisters is a noble act and a Sunnah of Rasulullah ﷺ. It's also one of the six rights a Muslim has over his fellow Muslim. In a hadeeth in Sahih Muslim the Prophet ﷺ said in a Hadith in Sahih Muslim: *'The Muslim has six rights over another Muslim*. It was said to him: 'O' Allah's Messenger, what are these?' Thereupon he said:

1. *When you meet him, offer him greetings;*
2. *When he invites you to a feast, accept it;*
3. *When he seeks your counsel (advice), give him sincere advice;*
4. *When he sneezes and says: "All praise is due to Allah," you say "Yarhamuk-Allah" (may Allah show mercy to you);*
5. *When he falls sick, visit him*
6. *And when he dies, follow his bier (Janazah).*

Umar Ibn Abdul Azeez (rahimahullaah) said: Whoever advises his [Muslim] brother to rectify affairs related to his Deen and gives him insight in a worldly affair of his, then indeed he has perfected their relationship and fulfilled his obligation towards him. [Taareekh At-Tabari 6/572]

7. SPREADING SALAM

' A man asked the Prophet ﷺ, "What Islamic traits are the best?" The Prophet ﷺ said, *"To give food, and to greet everyone, whether you know or you do not."* [Bukhari & Muslim]

The Prophet ﷺ urged the Muslims to foster love between one another by exchanging gifts and food, and by spreading salam, and he forbade the opposite, namely forsaking one another, turning away from one another, spying on one another, seeking out information about one another, stirring up trouble and being two faced.

Ibn Hajar said: "I.e., do not single out anybody out of arrogance or to impress them, but do it to honour the symbols of Islam and to foster Islamic brotherhood."

TIPS FOR THE TEST

- Do not have to memorise the ayahs or hadeeths word for word and their references, but remember their meanings and the msg being given.
- Remember the deeds and rewards.