

## Class 1

## 'Guard It'

All praise is for Allaah and may the peace and blessings be on His Final Messenger, his family and those who follow him in goodness until the Day of Recompense.

The tongue is a blessing from Allah and a great tool of communication. Animals are unable to speak, we Alhamdulillah are!

How can you show gratefulness for your tongue? That's right, by using it in the right way.

Allah 'azza wajal made it so easy for your tongue to move— it moves more than your limbs!

If your words are good, you can earn rewards. But you can also utter words that make you lose the reward of your previous good deeds.

Allah the Most High says:

*"Not a word does one utter, except that there is an (angel) Watching, Ready to record it."* [Surah Qaaf: 18]

*"Verily, your Lord is Ever-Watchful."* [Surah Al-Fajr: 14]

Memorize these ayahs and remind yourself of it all the time!

And the Prophet ﷺ said, *"A slave (of Allah) may utter a word which pleases Allah without giving it much importance, and because of that Allah will raise him to degrees (of reward): a slave (of Allah) may utter a word (carelessly) which displeases Allah without thinking of its gravity and because of that he will be thrown into the Hell-Fire."* (Sahih Bukhari)

Your tongue can make or break you. That's why the whole body warns the tongue every morning, the Prophet ﷺ said. *"When the son of Adam gets up in the morning, all the limbs humble themselves before the tongue and say: 'Fear Allah for our sake because we are with you: (i.e., we will be rewarded or punished as a result of what you do) if you are straight, we will be straight; and if you are crooked, we will become crooked.'"* (Sunan at-Tirmidhi; classed as Sahih)

This is proven again in the long hadeeth of Mu'aadh Ibn Jabal (radyAllahu 'anhu), who reported: "I said: 'O Messenger of Allah! Tell me of an act that will take me to Paradise and keep me away from the Hellfire.'

He ﷺ said: *'You have asked me about a major matter. But it is easy for he whom Allah, may He be Exalted, makes it easy for. You must worship Allah, associating nothing with him. You must perform the prayers and pay the Zakaat. You must fast in Ramadan and perform the Hajj to the House (Ka'abah).'*

Then he ﷺ said: *'Shall I not show you the gates of goodness? Fasting is a shield; charity extinguishes sin as water extinguishes fire; and (so does) the praying of a man in the depths of the night.'*

*Then he ﷺ recited: '(Those) who forsake their beds to cry unto their Lord in fear and hope and spend of what We have bestowed upon them. No soul knows what is kept hidden for them of joy, as a reward for what they used to do.'* [Surah As-Sajdah:16]

Then he ﷺ said: *'Shall I not tell you of the peak of the matter, its pillar and its uppermost part?'*

I said: 'Yes, O Messenger of Allah!'

He ﷺ said: *'The peak of the matter is Islaam. The pillar is prayer and its upper most part is striving in the path of Allah. Shall I not tell you of what controls all that?'*

I said: 'Yes, O Messenger of Allah.'

So, he ﷺ took a hold of his tongue and said: *'Restrain this!'*

I said: 'O Prophet of Allah, will we be held accountable for what we say?'

He ﷺ said: *"May your mother be bereaved of you, O Mu'aadh! Is there anything that causes people to be dragged on their faces into Hellfire other than the harvests of their tongues?"*

And so, we need to guard our tongue, make good use of this blessing, use it for our salvation and not our destruction.

## Vain/Idle Talk

Allah 'azza wajal reminds us about vain talk in the beginning of Surah al-Mumineen:

Indeed successful are the Believers, those who in their prayer have khushoo' (devotion, concentration, humility) and those who refrain from vain talk.

And the Prophet ﷺ said, *"Do not talk much without remembering Allah, for indeed, too much talk without the remembrance of Allah hardens the heart. And indeed the people who are farthest away from Allah are the ones who have hardened hearts."* (Tirmidhi, Hasan)

On the authority of 'Uqbah bin 'Aamir radiyallaahu 'anhu, who narrated that the Prophet ﷺ was asked, *O' Prophet! What is salvation? How can I be saved? He said, Withhold your tongue, withhold your tongue and let your house confine you and weep over your sins. If you do these three things, that these are means of salvation.* [Sunan at-Tirmidhi and Musnad Imam Ahmad]

What do we learn from this? If you want to be a successful believer and achieve khushoo, remember Allah much and avoid vain talk.

## Guard your Tongue be amongst the Best & Blessed Muslims

The Prophet ﷺ was asked, "Whose Islam is best?" He ﷺ said: *"One from who tongue and hand Muslims are safe".* (Sahih Bukhari)

And the Prophet ﷺ said, *“Blessed is one who controls his tongue, whose house is spacious, and who weeps for his sins”*. (at-Tabrani, classed as Hasan by Albani)

### Guard it and Jannah is your

The Prophet ﷺ said, *“Whoever guards what is between his jaws and legs, I shall guarantee him paradise”*. (Sahih Bukhari)

### QUOTES OF SALAF ABOUT GUARDING THE TONGUE

Abdullah ibn Mas’ud, may Allah be pleased with him, said: By Allah, besides whom there is no God, nothing on earth is in greater need of a lengthy prison sentence than the tongue.

Qass Ibn Saa’ada and Aktham Ibn Sayfee once met and one of them said to the other: “How many defects were you able to find in the son of Adam?” The other responded: “They are too numerous to count, however, the defects that I was able to account for numbered eight thousand. I also discovered one thing which if put into practice, all of these defects would be kept hidden.” He asked: “What is it?” He responded: “Guarding the tongue.”

Imaam Ash-Shaafi’ee (rahimahullaah) said to his student Rabee’: “O Rabee’! Do not speak about things that do not concern you, for indeed every time that you speak a word, it takes control of you and you do not have control of it!”

Abu ‘Alee Ad-Daqaq said, “Guard your tongue O mankind And do not let it bite you, for indeed it is a snake How many people in the graveyards are there, who were killed by their tongues Whoever fears meeting Him (on the Day of Judgement) is truly the brave one.”

Others have stated:

“The example of the tongue is like that of a savage beast. If you do not lock it up, it will set out against you.”

“The tongue is a great endowment from Allah; though small in size, its crime is enormous”.

In the upcoming classes we will InShaAllah learn about the obligations & prohibitions on the tongue.

### TIPS FOR THE TEST

Do not have to memorise the ayahs or hadeeths word for word and their references, but remember their meanings and the msg being given.