

Class 3

‘Duas of Istighfaar From Quran & Sunnah’

Allahs says:

فَقُلْتُ اسْتَغْفِرُوا رَبَّكُمْ إِنَّهُ كَانَ غَفَّارًا

يُرْسِلِ السَّمَاءَ عَلَيْكُمْ مِدْرَارًا

وَيُمْدِدْكُمْ بِأَمْوَالٍ وَيَبْنِيَنَّ وَيَجْعَلْ لَكُمْ جَنَّاتٍ وَيَجْعَلْ لَكُمْ أَنْهَارًا

And said, 'Ask forgiveness of your Lord. Indeed, He is ever a Perpetual Forgiver.

He will send [rain from] the sky upon you in [continuing] showers

And give you increase in wealth and children and provide for you gardens and provide for you rivers.

(Surah Nuh 71 : 10-12)

BEST DUAS OF ISTIGHFAAR & THEIR VIRTUES

1. Syed-ul- Istighfar (The best/most Superior way of asking for Forgiveness from Allah)

لَلّٰهُمَّ اَنْتَ رَبِّيْ لَا اِلٰهَ اِلَّا اَنْتَ، خَلَقْتَنِيْ وَاَنَا عَبْدُكَ، وَاَنَا عَلَىٰ عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ، اُبُوْءُ
لَكَ بِنِعْمَتِكَ، وَاُبُوْءُ بِذَنْبِيْ، فَاعْفُ عَنِّيْ، فَاِنَّهُ لَا يَغْفِرُ الذُّنُوْبَ اِلَّا اَنْتَ

Allaahumma anta rabbee, laa ilaaha illaa ant, Khalaqtanee wa ana 'abduka, wa ana 'alaa 'ahdika wa wa'dika mastata'tu, a'oodhu bika min sharri maa sana'tu, aboo'u laka bini'matika 'alayya wa aboo'u bi dhanbee, faghfirlee fa innahu laa yaghfirudhunooba illaa Ant

O Allaah, You are my Lord, None has the right to be worshipped except You. You created me and I am Your servant. I am faithful to my covenant and my promise as far as I am able. I seek refuge in You from the evil that I have done, I acknowledge before You all the blessings that You have bestowed upon me and I acknowledge my sins. So forgive me for there is no-one to forgive sins except You.

Virtue: If a person dies that night or that morning after saying du'aa for forgiveness he will enter paradise

The Prophet ﷺ said, "The best way of asking forgiveness is (the above). If he says it in the evening and then dies, he will enter the Garden - or he said that he will be one of the people of the Garden. If he



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says it in the morning and dies that day - it is the same." (Bukhari in Adab Al Mufrad, Tirmidhi, Nisa'i & Ibn Majah)

2.

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

Subhan Allah wa bihamdihi

All Glory is to Allah and all Praise to Him

Virtue

Allah's Messenger ﷺ said, *"Whoever says, 'Subhan Allah wa bihamdihi,' one hundred times a day, will be forgiven all his sins even if they were as much as the foam of the sea.* (Bukhari)

3.

أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ

'Astaghfirullaaha wa 'atoobu 'ilayhi.

I seek the forgiveness of Allah and repent to Him.

Allah's Messenger ﷺ said: *"O people, repent to Allah, for I verily repent to Him one hundred times a day.* (Muslim)

4. DUA OF ADAM A.S.

رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ

Rabbana thalamnaa anfusana wa-in lam taghfir lana watarhamnaa lanakoonanna mina alkhasireen

Our Lord, we have wronged ourselves, and if You do not forgive us and have mercy upon us, we will surely be among the losers. [Surat Al-A'raf: 23]

5. DUA OF YUNUS A.S.

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

Lā ilāha illā anta subḥānaka innī kuntu minaz-zālimīn

There is none worthy of worship except You, Glory to You, Indeed, I have been of the transgressors.

The Messenger of Allah ﷺ said: *"The supplication of Dhun-Nun (Prophet Yunus) when he supplicated, while in the belly of the whale was (the above). So indeed, no Muslim man supplicates with it for anything, ever, except Allah responds to him."* (Tirmidhi)

6. DUA TO RECITE ON LAYLATUL QADR

اللهم إنك عفو تحب العفو فاعفُ عني

Allahumma innaka 'afuwwun, tuhibbul-'afwa, fa'fu 'anni

O Allah, You are Most Forgiving, and You love forgiveness; so forgive me

'Aishah (May Allah be pleased with her) reported: I asked: "O Messenger of Allah! If I realize Lailat-ul-Qadr (Night of Decree), what should I supplicate in it?" He ﷺ replied, "You should supplicate: (the above Dua)."

7.

أَسْتَغْفِرُ اللَّهَ الْعَظِيمَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ.

'Astaghfirullaahal-'Adheemal-latheelaa 'ilaaha 'illaa Huwal-Hayyul-Qayyoomu wa 'atoobu 'ilayhi.

I seek the forgiveness of Allah the Mighty, Whom there is none worthy of worship except Him, the Living, the Eternal, and I repent to Him

Virtue

Allah's Messenger ﷺ said: *Whoever says (the above) Allah will forgive him even if he has deserted the army's ranks.* (Abu Dawud & At-Tirmidhi, Al-Albani graded it Sahih)

Some other Duas mentioned in the Sunnah

رَبِّ اغْفِرْ لِي وَتُبْ عَلَيَّ إِنَّكَ أَنْتَ التَّوَّابُ الرَّحِيمُ

Rabbighfir lee wa tub 'alayya innaka anta attawwaabur Raheem

My Lord forgive me and accept my repentance. Indeed You are the Acceptor of Repentance, the Especially Merciful

Ibn Umar said: *"In one sitting of the Messenger of Allah (ﷺ), one could count that he said a hundred time, before he would get up"* (Tirmidhi & Ibn Majah, Sahih)

اللَّهُمَّ اغْفِرْ لِي ذَنْبِي كُلَّهُ دِقَّةَ وَجِلِّهِ وَأَوَّلَهُ وَآخِرَهُ وَعَلَانِيَتَهُ وَسِرَّهُ



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Allāhumma'ghfir lī dhanbī kullahu, diqqahu wa jillahu, wa awwalahu wa āakhirahu wa `alāniyyatahu wa sirrahu.

O Allah, forgive me all my sins, great and small, the first and the last, those that are apparent and those that are hidden.

The Messenger of Allah (ﷺ) *used to say (the above) while prostrating himself (Sahih Muslim)*

اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا، وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ، فَاعْفِرْ لِي مَغْفِرَةً مِنْ عِنْدِكَ، وَارْحَمْنِي، إِنَّكَ أَنْتَ الْعَفُورُ الرَّحِيمُ

Allaahumma innee dhalamtū nafsee dhulman katheeran wa laa yaghfirudh dhunooba illaa anta faghfir lee maghfiratan min 'indika warhamnee innaka anta al ghafoorur Raheem

O Allaah, indeed I have wronged myself greatly and no-one forgives sins except You. So forgive me and have mercy upon me, indeed You are the OftForgiving, the Especially Merciful.

رَبِّ اعْفِرْ لِي وَتُبْ عَلَيَّ إِنَّكَ أَنْتَ التَّوَّابُ الْعَفُورُ

Rabbighfirli watub `alayya innaka antat-Tawwābul-Ghafūr

O my Lord, forgive me, and accept my repentance. Verily, You are the Oft-Returning, the Most Forgiving (Tirmidhi, Sahih)

اللَّهُمَّ اغْفِرْ لِي ذَنْبِي كُلَّهُ دِقَّةً وَجَلَّةً وَأَوَّلَهُ وَآخِرَهُ وَعَلَانِيَتَهُ وَسِرَّهُ

Allāhumma'ghfir lī dhanbī kullahu, diqqahu wa jillahu, wa awwalahu wa āakhirahu wa `alāniyyatahu wa sirrahu

O Allah, forgive me all my sins, great and small, the first and the last, those that are apparent and those that are hidden. (Sahih Muslim)

اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ، فَاعْفِرْ لِي مَغْفِرَةً مِنْ عِنْدِكَ وَارْحَمْنِي، إِنَّكَ أَنْتَ الْعَفُورُ الرَّحِيمُ

Allāhumma 'innī ḡalamtu nafsī ḡulman kathīran, wa lā yaghfiru-dhdhunūba illā 'anta, faghfir lī maghfirataḡmin 'indika warḡhamnī innaka 'anta 'l-Ghafūr ur-Rahīm.

O Allah, I have greatly wronged myself, and no one forgives sins but You. So, grant me forgiveness and have mercy on me. Surely, you are Forgiving, Merciful. (Bukhar & Muslim)

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أَشْرِكَ بِكَ وَأَنَا أَعْلَمُ، وَأَسْتَغْفِرُكَ لِمَا لَا أَعْلَمُ

Allāhumma innī a'ūdhu bika an ushrika bika wa anā a'lam, wa astaghfiruka limā lā a'lam.

O Allah, I seek refuge in You lest I associate anything with You knowingly, and I seek Your forgiveness for what I know not. (Ahmad; classed as Sahih by Albani)

اللَّهُمَّ اغْفِرْ لِي وَارْحَمْنِي وَأَلْحِقْنِي بِالرَّافِقِي الْأَعْلَى

Allāhumma'ghfir lī warḥamnī wa alḥiqnī bir-rafiqi 'l-'A'alā.

O Allah, forgive me and have mercy upon me, and join me with the highest companions (in Paradise). (Bukhari & Muslim)

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Three Ways to Forgiveness

Allah's messenger ﷺ said: “Allah said, ‘Oh son of Adam, as long as you call on me and hope in me, I will forgive you for whatever (sins) you have and I will not mind. Oh son of Adam, if your sins were to reach the clouds in the sky and then were you to ask for my forgiveness, I would forgive you and I would not mind. Oh son of Adam, if you were to come to me with sins as much as the earth and then you meet me not worshipping anything else along with me, I would come to you with as much forgiveness.’ (Tirmidhi; classed as authentic by Albani)

This hadeeth contains three ways to obtain forgiveness...

1. *Hopeful Supplication* - The first way is by hopeful supplication. Calling upon Allah is something we have been commanded to do and have been promised a response as Allah says, “And your lord said, “Call upon me, I will answer you.” (Surah Ghafir, 40:60).

The Prophet ﷺ said, “*When anyone of you supplicates, he should not say, “Oh Allah, forgive me if you want.” But he should be resolved and certain in his request and increase his hope and enthusiasm because Allah – nothing is too great for him to give*”. (Sahih Muslim)

So, regardless of how great and numerous a servant's sins may be, the pardon and forgiveness of Allah is certainly greater. Such sins are completely insignificant when compared to the Allah's forgiveness and pardon.

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2. *Asking for Forgiveness* - The second way to obtain forgiveness is to sincerely ask for it even if your sins are very severe and as numerous as the clouds in the sky or as far as the eye can see. In another narration of the same ḥadīth, the wording is: *"If you were to commit so many sins that they filled the space between the sky and earth and then you were to ask for Allah's forgiveness, he would forgive you. Asking for this forgiveness is to seek protection from the evil results of one's sins and for them to be concealed. Seeking forgiveness has been mentioned many times in the Quran."*

3. *Tawheed* - The third way to obtain forgiveness is by sincerely believing in Tawheed (that only Allah alone should be worshipped) and in fact, it is the greatest way. Whoever loses Tawheed loses forgiveness, and whoever comes to Allah with Tawheed has come with the greatest means of earning his forgiveness. Allah says, *"Surely, Allah does not forgive that others should be worshipped along with him, but he forgives whatever is less than that to whom he wills."* (Sūrah an-Nisā, 4:48)

Whoever comes with tawhīd and, along with it, the earth full of sins, Allah will meet him with as much forgiveness. But it should be understood that this is Allah's decision; if he wills, he may forgive the person, or he may take him to account for his sins. However, the final result is that such a person (who has actualized and died upon Tawheed) will not remain forever in the fire. Rather, he will be taken out and allowed to enter Paradise.