

CLASS 3

AYAHS & ADHKAAR FOR PROTECTION

We read about the Factors of Imaan that can help protect us & how to dispel shaitaan. Now we will look into the Ayahs & Adhkaar for Protection.

III. AYAHS FOR PROTECTION & TO REPEL SHAITAAN

Allaah [The Most High] hears the one who seeks His Refuge and knows what the person is seeking. Allaah is able to do all things and He alone is the One from Whom refuge is sought – none amongst His creation [has the right to be invoked] for refuge nor for shelter; rather He is The Only One Who gives refuge to those who [invoke] Him for refuge. He is the One Who protects and shelters them against the evil of that which they seek refuge against. The reality of seeking refuge is to flee from something that terrifies a person and [seeking protection] from one who can protect and give shelter.

There is neither a protector for a servant nor one to grant him refuge besides Allaah. Allaah [Glorified be He] suffices the one who relies on Him and He is enough for the one who seeks shelter from Him. Allaah is the One who provides safety against the fear of the one who is fearful and gives support to the one who seeks support. He an Excellent Protector and an Excellent Helper.

i. Surah al-Baqarah repels shaytan from the house

The Prophet ﷺ said:

- *“Do not turn your houses into graveyards, for verily shaytan flees from the house in which Surah al-Baqarah is recited.”* (Sahih Muslim)
- *“Recite the Qur’an for verily it will come on the Day of Judgement as an intercessor for its reciters; recite the two flowers al-Baqarah and Al Imran, for they will come on the Day of Judgement as though they are two clouds, or shade or two flocks of birds stretching their wings in the air, pleading for those who recite them. Recite Surah al-Baqarah, for to take it is a blessing, and to give it up is a cause of grief, and the magicians cannot confront it.”*

ii. Reciting the last two verses of Surah al-Baqarah prevents evil and harm:

The Prophet ﷺ said: *“Whosoever recites the last two verses of Surah al-Baqarah at night, it will be sufficient for him from the evil of all that harms.”*** (Sahih Bukhari)

Shaykh Ibn Baz said: “And the meaning - and Allah knows best - is that they protect him from every evil”, and Ibn al-Qayyim said: “What is correct is that they protect him from the evil that harms him.”

iii. Recite Ayat Al Kursi before sleeping

“...When you go to your bed, recite Ayat Al Kursi (al-Baqarah 2:255). Then Allaah will appoint a guard for you who will stay with you and no shaytaan (devil) will come near you until morning”. (Bukhaari & Muslim)

Start teaching this habit to your children from their early years and it will be an amazing sadaqah jaariyah for you!

iv. Use *al-mu'awwidhatayn* and Surah Ikhlaas with the right intention.

This means the two surah's for seeking refuge, which are the last two chapters of the Quran: *surah Al-Falaq* and *surah An-Naas*.

Awadha (عوذ) means he refuted and both surahs are in fact two supplications that begin with: Say: I seek refuge in the Lord . . . So next time you recite them, do so with a strong conviction they are an actual supplication and protection for you.

Ibn Al-Qayyim said that “the effectiveness of these surahs is great to repel magic, evil eye, and the rest of the evils and the need for a slave to seek Allah's protection from these two surahs is greater than his need for self, eating, drinking, and wearing dress [Al-Fawwaid]

a. Recite Surah Al-Ikhlaas, Al-Falaq, and An-Naas three times in the morning and evening.

The Prophet ﷺ said: ‘Qul Hoo wAllahu Ahad’ and ‘Muwaidaitain’ when you enter the evening and when you wake up in the morning three times and it will protect you from everything. (Tirmidhee # 3575), Aby Daud (# 5084).

Make this a habit and you will gain protection and the great reward of reviving a sunnah, in shaa Allah!

b. Blow these surahs over your body before you go to sleep.

Aisha narrated that whenever Allah's Messenger went to bed every night, he used to cup his hands together and blow over it after reciting surah Al-Ikhlaas, surah Al-Falaq and saurah An-Nas, and then rub his hands over whatever parts of his body he was able to rub, starting with his head, face, and front of his body. He used to do that three times. [Al-Bukhaaree]

IV. ADHKAAR (REMEMBERANCE OF ALLAH)

There is no doubt that when a person is close to Allaah, always remembering Him (dhikr) and reading Qur'aan, he is less likely to be affected by evil and harm from the devils of mankind and the jinn. The Prophet ﷺ used to seek refuge with Allaah for himself, and the greatest means of seeking refuge that is available to the Muslim is reading the Book of Allaah, above all the Mi'wadhatayn, Soorat al-Faatihah and Aayat al-Kursiy.

Turning to Allah, may He be exalted, and asking Him for well-being and protection from all ills, evils and harms is amongst the great acts of worship and good deeds of obedience. Allah, may He be glorified and exalted, loves those who seek His help, those who turn to Him, and those who seek refuge in His might and power.

Among the saheeh du'aa's for refuge that have been narrated from the Prophet ﷺ are:

i. Tasmiyah (saying 'bismillah') in everything

Abu Mulayh stated, "A man informed me that he was riding behind the Prophet ﷺ when his camel stumbled so he said: 'May shaytan be cursed/ The Prophet ﷺ said, *'Do not say 'may shaytan be cursed' for if you say that he will feel proud until he becomes like a house. He will claim that it was his strength that overpowered it; rather, say 'Bismillah* (In the name of Allah), for if you say that he will be humiliated until he becomes like a fly.'*" (Abu Dawood)

Shaykh Abdullah Al Tayyar (A known Raqi) said, When we recited on people who had been possessed and spoke to the jinn and asked the reason for their entering the possessed, they would reply that he threw a stone and did not say *'bismillah'* or did such and such and did not say *'bismillah'*. So, the Muslim should be conscious of this and say *'bismillah'* whenever he does something like opening a door or throwing something and so on.

ii. Recite this when at a new place.

خَلَقَ مَا شَرَّ مِنَ التَّامَّاتِ اللَّهُ بِكَلِمَاتٍ أَعُوذُ

'A'oothu bikalimaatil-laahit-taammaati min sharri maa khalaq.

I seek refuge in the Perfect Words of Allah from the evil of what He has created.

(Three time in the evening)

Virtue:

Allah's Messenger ﷺ said: *"When any one of you stays at a place, he should say (the above) Nothing would then do him any harm until he moves from that place."* (Muslim)

iii.

يَخْضُرُونَ وَأَنْ الشَّيَاطِينَ، هَمَزَاتٍ وَمِنْ عِبَادِهِ، وَشَرٍّ وَعِقَابِهِ، غَضَبِهِ، مَنْ التَّامَّةِ اللَّهُ بِكَلِمَاتٍ أَعُوذُ

A'oodhu bi kalimat-illah il-tammati min ghadabihi wa 'iqabihi, wa min sharri 'ibadihi wa min hamazat al-shayateeni wa an yahduroon

I seek refuge in the perfect words of Allah from His wrath and punishment, from the evil of His slaves and from the evil promptings of the devils and from their presence.

iv. Dhikr of Reliance on Allah

And one may recite the words of Allah:

الْعَظِيمِ الْعَرْشِ رَبُّ وَهُوَ تَوَكَّلْتُ عَلَيْهِ هُوَ إِلَّا إِلَهَ لَا إِلَهَ حَسْبِيَ

Hasbiyallaahu laa 'ilaaha 'illaa Huwa 'alayhi tawakkaltu wa Huwa Rabbul-'Arshil-'Adheem .

Allah is sufficient for me . There is none worthy of worship but Him . I have placed my trust in Him, He is Lord of the Majestic Throne

Virtue

Abu'd-Darda' (may Allah be pleased with him) said: "Whoever says in the morning and in the evening (the above), seven times, Allah, may He be exalted, will suffice him for what concerns him," (Abu Dawood).

v. Dua to protect children

It was narrated that Ibn 'Abbaas (may Allaah be pleased with them both) said: "The Prophet ﷺ used to seek refuge with Allaah for al-Hasan and al-Husayn. He ﷺ said: '*Your father [i.e., Ibraaheem A.S.] used to seek refuge with Allaah for Ismaa'eel and Ishaaq with these words:* (Narrated by al-Bukhaari)

لَا مَآةَ عَيْنٍ كُلِّ وَمِنْ ، وَهَامَةٍ ، شَيْطَانٍ كُلِّ مِنَ التَّامَّةِ اللَّهُ بِكَلِمَاتٍ أُعِيذُكُمْ

U'eedhukuma bi kalimat Allah al-tammati min kulli shaytanin wa hammah wa min kulli 'aynin lammah

I seek refuge for you both in the perfect words of Allah, from every devil and every poisonous reptile, and from every evil eye

Above is for two children; you can replace *u'eedhukumaa'* (I seek refuge for you both) by *u'eedhuka* (for one boy), *u'eedhuki* (for one girl) or *u'eedhukum* (for more than three children). Memorize this supplication and use it on the children consistently. Use a sticky note in the house to remember if needed.

With regard to the meaning of laammah (translated here as “bad”), al-Khattaabi said: “What is meant here is every disease or harm that a person may suffer such as insanity or mental disturbance.”

Some other Duas for protection against evil in general

الْعَلِيمُ السَّمِيعُ وَهُوَ السَّمَاءِ فِي وَلَا الْأَرْضِ فِي شَيْءٍ اسْمِهِ مَعَ يَضُرُّ لَا الَّذِي اللَّهُ بِسْمِ

Bismillaahil-latheh laa yadhurru ma'as-mihi shay'un fil-'ardhi wa laa fis-samaa'i wa Huwas-Samee 'ul- 'Aleem.

In the Name of Allah, Who with His Name nothing can cause harm in the earth nor in the heavens, and He is the All-Hearing, the All-Knowing.

Virtue:

The Prophet ﷺ said, “*Whoever recites it three times in the morning will not be afflicted by any calamity before evening, and whoever recites it three times in the evening will not be overtaken by any calamity before morning.*” (Abu Dawud, At-Tirmidhi, Ibn Majah & Ahmad).

نَفْسِي شَرٍّ مِنْ بَيْتِكَ أَعُوذُ ، أَنْتَ إِلَهٌ لَا أَنْ أَشْهَدُ ، وَمَلِيكَهَ شَيْءٍ كُلِّ رَبِّ وَالْأَرْضِ السَّمَاوَاتِ فَاطِرَ وَالشَّهَادَةِ الْغَيْبِ عَالِمِ اللَّهُمَّ مُسَلِّمٌ إِلَى أَجْرَةٍ أَوْ سَوْءاً نَفْسِي عَلَى أَقْتَرَفَ وَأَنْ ، وَشِرْكِهِ الشَّيْطَانِ شَرٍّ وَمِنْ

Allaahumma 'Aalimal-ghaybi wash-shahaadati faatiras-samaawaati wal'ardhi, Rabba kulli shay 'in wa maleekahu, 'ash-hadu 'an laa 'ilaaha 'illaa 'Anta, 'a'oothu bika min sham nafsee, wa min sharrish-shaytaani wa shirkahi, wa 'an 'aqtarifa 'alaa nafsee soo'an, 'aw 'ajurrahu 'ilaa Muslimin.

O Allah, Knower of the unseen and the evident , Maker of the heavens and the earth , Lord of everything and its Possessor , I bear witness that there is none worthy of worship but You . I seek refuge in You from the evil of my soul and from the evil of Satan and his helpers . (I seek refuge in You) from bringing evil upon my soul and from harming any Muslim.

(Abu Dawood & Tirmidhi)

Undoubtedly, when a person persists in reciting the adhkaar (dhikr) for morning and evening, and the adhkaar for going to sleep, and others, this will have a great effect in protecting him from evil, because it will be like a stronghold for him, by Allaah’s Leave.

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- **DUA’A** : <https://learn-islam.org/dua> (available online now, register and learn)
- **DHIKR** : <https://learn-islam.org/dhikr> (available online now, register and learn)

Tomorrow's class will InShaAllah be... "*Possession*".

TIPS OF TEST

1. Do not have to memorise the ayahs or hadeeths word for word and their references, but remember their meanings and the msg being given.
 2. Remember the virtues.
 3. Memorize atleast two new Duas from this class (if you have not already).
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ASSIGNMENT

There will be an Assignment Question asked in the Test. Marks will be given based on the following: -

1. Invite atleast 15 people to the course (can invite via WhatsApp, Facebook, Email, telegram or word of mouth) **7 Marks.** (*check the note below for exceptions*)

Note:

- Those who have already invited whether on Whatsapp, Email or FB, do not need to invite again.
 - It does not whether people join or not, our job is to invite.
2. Talk about any 3 topics from this week's classes with atleast 3 people. **7 Marks.**
 3. **Pray for the Ummah**, *pray for the ease of all the poor & oppressed Muslims and pray that Allah make us all strong in imaan and give us the hidayah to work for the aakhirah and to help each other.* - **2 Marks**