

CLASS 2

THE PROTECTIVE SHIELD

We read yesterday about the Jinn and that they can enter into humans, but if we study the Sunnah we are taught ways to protect ourselves from evil. Listed below are actions mentioned in the authentic ahadeeth to be taken to protect ourselves from all evil.

1. Factors of Imaan that protects us.
2. How to dispel shaitaan in various aspects of life.
3. Ayahs for Protection and to repel shaitaan
4. Adhkaar for Protection

I. FACTORS OF IMAAN (FAITH) THAT CAN HELP PROTECT US

There are specific ayaat and adhkaar that can help us protect against the shayaateen, but if our imaan is low our shield will be weak. So first and foremost we should strengthen our imaan and then seek means. Amongst the factors of iman that can help protect us are:

Taqwa [fear of Allaah and piety- fulfilling what Allaah has commanded and keeping away from what Allaah has forbidden]. The one who fears Allaah will be protected and safeguarded by Allaah and will not be left to others. Allaah [The Most High] said: *“But if you remain patient and become Al-Muttaqun (the pious), not the least harm will their cunning do to you. Surely, Allah surrounds all that they do”*. (Soorah Aal Imraan Ayah 120)

At-Tawakkul – Reliance upon Allaah. Whoever relies upon Allaah, Allaah will suffice him. Reliance upon Allaah is one of the most powerful means by way of which a person is protected regardless the extent of the harm, oppression, and enmity of the creation. The one who suffices himself with Allaah [as his Protector], the enemy cannot have any hope of [harming him]. If a person relies upon Allaah, in a manner in which Allaah deserves to be relied upon and [firmly believes in Allaah’s absolute control] of the heavens and the earth and all that is in them, Allaah will grant him a way out [from the difficulty or harm] and aid help him.

Repentance - sins are the cause behind being overpowered by one’s enemy. Indeed Allaah said: *And whatever of misfortune befalls you, it is because of what your hands have earned. (42:30)]*

A servant (of Allaah) is not overpowered by someone who harms him except due to sin, whether he is aware or unaware of it. The sins of a person – which he is unaware of- are several times as much as what he knows, and the sins he has forgotten – which he is aware of and committed – are several times as much as what he can remember.

Tawheed – [i.e. firm belief that Allaah alone is the Creator of everything, the Provider and the one Who controls everything in the universe; firm belief in Allaah’s Perfect Names and Attributes and that there is no similarity to Allaah; firm belief that none has the right to be worshipped except Allaah], constantly attaching oneself to Allaah-The One Who created all the means to accomplishing what one seeks, The All-Mighty, The All-Wise- whilst giving consideration to the means of attaining protection and to know that nothing can bring harm or benefit, except by the permission of Allaah.

Allaah (The Most High) said:

*And if Allah touches you with hurt, there is none who can remove it but He;
and if He intends any good for you,
there is none who can repel His Favour which He causes it to reach whomsoever of His slaves He will.*
(10:106)]

The Prophet ﷺ said to Ibn Abbaas [radiyallaahu-anhumaa],

“Know that even if the Nation [or the whole community] were to gather together to benefit you with something, they would not benefit you with anything except that which Allah has already decreed for you, and that if they gather together to harm you with something, they would not be able to harm you with anything except that which Allah has already decreed against you”.

If a person fulfils Tawheed, then indeed fear of other than Allaah will be removed from his heart. His enemy will be the weakest thing to him let alone something to be feared alongside his fear of Allaah. He will fear Allaah alone [and no one else]. He will find that his thoughts about the affair of his enemy, fear of his enemy and busying himself with the affair of his enemy is due to a deficiency in his [belief in] Tawheed. Had he been perfecting [his belief in] Tawheed, it would have been the uppermost thing in his mind and that Allaah is the One Who will protect and defend him, for indeed Allaah defends those who [truly] believe. If a person is a [true] believer, Allaah will defend him based on the level [or strength of] his belief [in Allaah]. Tawheed is the greatest shield and whoever embraces it will be amongst those who are safeguarded. Some of the pious predecessors [i.e. the Sahaabah and the two generations who followed them exactly in belief, practice, and piety] said, “Whoever truly fears Allaah, everything will fear him; and whoever does not fear Allaah, Allaah will make him fear everything”.

II. TO SEEK REFUGE IN ALLAH FROM SHYTAAN

To seek refuge in the complete words of Allah every time one descends from a place

خَلَقَ مَا شَرٌّ مِنَ التَّامَاتِ اللَّهُ بِكَلِمَاتٍ أَعُوذُ

'A'oothu bikalimaatil-laahit-taammaati min sharri maa khalaq.

I seek refuge in the Perfect Words of Allah from the evil of what He has created.

Khawlah bint Hakim narrated that she heard the Prophet ﷺ say: “*Whoever descends in a place and says (the above) will not be harmed by anything until he leaves that place.*” (Sahih Muslim)

Abu Hurairah R.A. narrated that a man came to the Prophet ﷺ and said: “O Messenger of Allah, I have suffered greatly from a scorpion which stung me last night, so the Prophet ﷺ said: ‘*You should have said in the evening, (the above mentioned dua).*’” (Sahih Muslim)

Shaykh Ibn Baz said: “*Bismillah*” should be said in the day and in the night, when a person enters a place or a building. It should be said in the desert, in the air and on sea.

We have already mentioned that the jinn dwell in the deserts, wildernesses and in valleys so the Muslim should recite these du'as when he passes by these places.

To seek refuge in the Words of Allah whenever one is frightened

يَحْضُرُونَ وَأَنَّ الشَّيَاطِينَ، هَمَزَاتٍ وَمِنْ عِبَادِهِ، وَشَرِّ وَعِقَابِهِ، غَضَبِهِ، مِنْ التَّامَّةِ اللَّهُ بِكَلِمَاتٍ أَعُوذُ

A'oodhu bi kalimat-illah il-tammati min ghadabihi wa 'iqabihi, wa min sharri 'ibadihi wa min hamazat al-shayateeni wa an yahduroon

I seek refuge in the perfect words of Allah from His wrath and punishment, from the evil of His slaves and from the evil promptings of the devils and from their presence. (Abu Dawood)

Allah says: And say: “My Lord! I seek refuge with You from the whisperings of the shayatin (devils). And I seek refuge with You, My Lord! Lest they should come near me.” (Surah al-Mu'minun, verses 97-98)

The reason for this is that when a person is frightened, his heart becomes weak and shaytan gains strength over him and is able to enter him. For this reason, it is recommended to seek refuge from them in this situation.

To say a hundred times a day

قَدِيرَ شَيْءٍ كُلِّ عَلَى وَهُوَ الْحَمْدُ، وَلَهُ الْمُلْكُ لَهُ لَهُ، شَرِيكَ لَا وَحْدَهُ اللَّهُ إِلَّا إِلَهٌ لَا

Laa ilaaha illAllaah wahdahu la shareeka lah, laahul mulk wa lahamd wa huwa 'ala kulli shay'in qadeer

'None has the right to be worshipped except Allah, alone, without partner, to Him belongs all sovereignty and praise, and He is over all things omnipotent.'

The Prophet ﷺ said: *"Whoever says (the above) a hundred times, will have the reward of freeing ten slaves, one hundred good deeds will be written for him, and a hundred bad deeds will be wiped away. It will be a protection from shaytan for that day until the evening, and no-one will have come with better than him except one who does more than this. Whoever says 'Glorified is Allah, 'None has the right to be worshipped but Allah Alone, He has no partner, for Him is the dominion and for Him is all Praise, and He is Able to do all things and all Praise be to Him' a hundred times a day will have his sins wiped away, even if they are like the froth of the sea".* (Sahih Bukhari)

Dispelling shaytan when entering the house

Jabir R.A. reported that he heard the Prophet ﷺ say: *"If a person remembers Allah when he enters his house and when he eats, shaytan will say (to the devils), 'There is neither dinner nor a place to sleep for you.' If one enters and does not mention Allah, shaytan says: 'You have found a place for the night/ and if one does not mention Allah when he eats, shaytan says, 'You have found a place to sleep and dinner.'"* (Sahih Muslim)

Dispelling Shaytaan when leaving the house

بِاللَّهِ إِلَّا قُوَّةٌ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ، عَلَى تَوَكَّلْتُ اللَّهَ بِسْمِ

Bismil-lah, tawakkaltu AAalal-lah, wala hawla wala quwwata illa billah.

In the name of Allah, I place my trust in Allah, and there is no might nor power except with Allah.

On the authority of Anas R.A. that the Prophet ﷺ said: *"Whoever says (the above) - when he leaves his house - It will be said to him: it is sufficient (as protection for you) and you have been guided, and shaytan will leave him."* (Abu Dawood & Tirmidhi)

Dispelling Shaitaan before intercourse

رَزَقْتَنَا مَا الشَّيْطَانُ وَجَنَّبَ الشَّيْطَانُ جَنَّبَنَا اللَّهُ، بِسْمِ

"Bismillah! Allahumma janibnash-Shaitana, wa jannibish-Shaitana ma razaqtana

In the Name of Allah, O Allah! Keep us away from Satan and keep Satan away from what You have bestowed upon us

The Prophet ﷺ said, *"If anyone intends to have (sexual intercourse) with his wife, he should say (the above) and if Allah has ordained a child for them, Satan will never harm him."* (Bukhari & Muslim)



Dispelling Shaytaan before entering the toilet

وَالْخَبَائِثِ الْخُبْثِ مِنْ بَكَ أَعُوذُ إِنَّي اللَّهُمَّ. (اللَّهُ بِسْمِ)

(Bismil-lah) allahumma innee aAoothu bika minal-khubthi wal-khaba-ith

(In the name of Allah). O Allah, I take refuge with you from all evil and evil-doers.

Anas R.A. narrated that the Prophet ﷺ used to say (the above) when entering the toilet. It has already been mentioned that the jinn dwell and are found in these types of places, so the Muslim should always remember this dua.

In tomorrow's class we will study about the Ayaat & Adhkaar to recite to protect against evil

TIPS OF TEST

1. Do not have to memorise the ayahs or hadeeths word for word and their references, but remember their meanings and the msg being given.
2. Remember the virtues.
3. Memorize atleast two new Duas from this class (if you have not already).

ASSIGNMENT

There will be an Assignment Question asked in the Test. Marks will be given based on the following: -

1. Invite atleast 15 people to the course (can invite via WhatsApp, Facebook, Email, telegram or word of mouth) **7 Marks.** *(check the note below for exceptions)*

Note:

- Those who have already invited whether on Whatsapp, Email or FB, do not need to invite again.
 - It does not whether people join or not, our job is to invite.
2. Talk about any 3 topics from this week's classes with atleast 3 people. **7 Marks.**
 3. **Pray for the Ummah**, pray for the ease of all the poor & oppressed Muslims and pray that Allah make us all strong in imaan and give us the hidayah to work for the aakhirah and to help each other. - **2 Marks**